



1 in 5 people will have a stroke.

Tessa, a former Indianapolis Colts cheerleader, was getting ready for work one morning when her arm went numb. She was unable to speak and collapsed. After 36 hours, Tessa was found in her home on the floor. She had suffered a stroke.

Thanks to the American Heart Association's support of lifesaving research and medical breakthroughs, Tessa got her life back. She no longer walks with a limp and is able to speak again. Please share this message with your community to spread the lifesaving research the American Heart Association provides.

It could be you or someone you love.

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