



We traveled two hours to the nearest birthing hospital.

**HEALTHY  
MOMS.  
STRONG  
BABIES.**



March of Dimes is on a mission to protect every family through programs, research, education, and advocacy. They educate medical professionals and the public about the best practices and provide comfort and support to families in newborn intensive care units and those that need it most.

*Unspoken* shares the stories of families around the country to shed light on important issues faced by moms and babies each day. It helps those around us feel seen and empowered to share their experiences so that we can continue to fight for the health of all moms and babies together.

Help families in your community know that they are not alone by sharing these incredible stories. For over 80 years, March of Dimes has helped millions of babies survive and thrive. You can help continue their legacy by sharing this PSA today.

[\*\*DOWNLOAD THE PSA TODAY\*\*](#)