

Gail Hogan

Heart Survivor & AHA Volunteer



American
Heart
Association.



Every 40 seconds, a loved one has a heart attack or stroke.

In the latest PSA from the American Heart Association, you will hear Gail's story. Gail was a young journalist and starting a family when she went into sudden cardiac arrest. Her coworkers sprang into action performing lifesaving CPR protocols developed by the American Heart Association. Their training kept Gail alive.

Thanks to the research from the American Heart Association, Gail survived to watch her three children grow into adults and have children of their own. Please share this message with your community to spread the lifesaving care and training the American Heart Association provides.

It could save a loved one in your life.

[**DOWNLOAD THE PSA TODAY**](#)